

#### **P.A.D.D.** PARENTS OF ADULTS WITH DEVELOPMENTAL DISABILITIES

Our Mission is to support parents of adults with developmental disabilities, defend their rights and transform our community!

# **April is Autism Awareness Month**

We are currently not meeting in person due to the Covid 19 Pandemic. However see us on FB and our website paddnorth.ca.

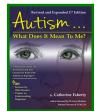
We were able to secure a 'Capacity Building Grant for Family Support Networks' 2021 from Ministry of Children, Community and Social Services and administered by the Ontario Caregiver Organization. Thank you to all!

We would like to share with you some of the books on Autism we purchased with the grant money in our new P.A.D.D. Lending Library.

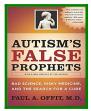


'Award-winning handbook for girls and women on the autism spectrum, perceptive and wise reflections and advice .

Girls with Asperger's syndrome are less frequently diagnosed than boys, and even once symptoms have been recognised, help is often not readily available...'



'Autism: What Does It Mean to Me? is an indispensable and transformative tool, and lifelong companion for autistic people, their parents and families, and professionals. Written by internationally renowned autism trainer, teacher, and advocate and best-selling author Catherine Faherty,' the workbook is engaged by the autistic child or adult to enhance self-understanding and awareness and foster communication with others about needs, preferences, and identity.'



'In this book, Paul A. Offit, a national expert on vaccines, challenges the modern-day false prophets who have so egregiously misled the public and exposes the opportunism of the lawyers, journalists, celebrities, and politicians who support them. Offit recounts the history of autism research and the exploitation of this tragic condition by advocates and zealots.'



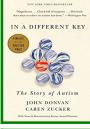
<sup>•</sup>Autism is associated with many qualities that are highly sought after by employers such as reliability, persistence, attention to detail, creativity in problem solving and many others. The key to success in the workplace is understanding these strengths and identifying the support you need to help you flourish.

#### **P.A.D.D.** PARENTS OF ADULTS WITH DEVELOPMENTAL DISABILITIES APRIL NEWSLETTER

Page 2

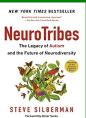


'Newly revised and updated, this ground-breaking technical approach to behavior delves deep into the root causes of contrary behavior in children with autism spectrum disorders (ASD). This analysis gives way to an extensive chapter detailing a more functional assessment of the child's behaviors. The book concludes with tips and tricks to break the rage cycle, calming techniques, and things to implement family-wide to help the child, and everyone else, that parents and professionals can use in behavioral management.'



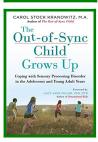
'An extraordinary narrative history of autism: the riveting story of parents fighting for their children 's civil rights; of doctors struggling to define autism; of ingenuity, self-advocacy, and profound social change.

Nearly seventy-five years ago, Donald Triplett of Forest, Mississippi, became the first child diagnosed with autism. Beginning with his family's odyssey, In a Different Key tells the extraordinary story of this often misunderstood condition, and of the civil rights battles waged by the families of those who have it...'



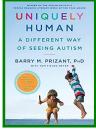
This New York Times–best selling book upends conventional thinking about autism and suggests a broader model for acceptance, understanding, and full participation in society for people who think differently.

What is autism? A lifelong disability, or a naturally occurring form of cognitive difference akin to certain forms of genius? In truth, it is all of these things and more—and the future of our society depends on our understanding it'



'The long-awaited follow-up to the million-copy bestseller The Out-of-Sync Child, presenting information and advice for tweens, teens, and young adults living with Sensory Processing Disorder, and their parents.

The Out-of-Sync Child Grows Up will be the new bible for the vast audience of parents whose children, already diagnosed with Sensory Processing Disorder, are entering the adolescent, tween, and teen years, as well as those who do not yet have a diagnosis and are struggling to meet the challenges of daily life...'



Winner of the Autism Society of America's Dr. Temple Grandin Award for the Outstanding Literary Work in Autism

A groundbreaking book on autism, by one of the world's leading experts, who portrays autism as a unique way of being human—this is "required reading....Breathtakingly simple and profoundly positive" (Chicago Tribune).'

#### Children's Stories in our P.A.D.D. Lending Library include:





In the future we will put together 'P.A.D.D. Lending Library Educational Kits' to share with parents, caregivers and educators who support our families. They will include children's books and other resources such as cloth capes, toys, activity sheets etc. to encourage inclusion. P.A.D.D. PARENTS OF ADULTS WITH DEVELOPMENTAL DISABILITIES APRIL NEWSLETTER

#### Also we have Inspirational Stories in our P.A.D.D. Lending Library include:

Carly's Voice: Breaking Through Autism by Fleischmann, Arthur

Can't read Can't Write Here's My Book by Michael Jacques

*Fall Down 7 Times Get Up 8: A Young Man's Voice from the Silence of Autism* by Naoki Higashida, KA Yoshida, et al.

Good Morning, Blake: Growing Up Autistic and Being Okay by Blake "Crash" Priddle

I Overcame My Autism and All I Got Was This Lousy Anxiety Disorder: A Memoir by Sarah Kurchak

Look Me in the Eye: My Life with Asperger's by John Elder Robison

Mockingbird by Kathryn Erskine

On Parenting A Non-Verbal Child With Autism by Peter Dawson

**Population One:** Autism, Adversity, and the Will to Succeed by Tyler McNamer

Sincerely, Your Autistic Child: What People on the Autism Spectrum Wish Their Parents Knew About Growing Up, Acceptance, and Identity by Autistic Women and nonbinary Network, Emily Paige Ballou, et al.

The Fight For Autism Treatment In Canada - Reflections Of A Parent Activist by Andrew Kavchak

*<u>The Reason I Jump: The Inner Voice of a Thirteen-Year-Old Boy with Autism</u> by Naoki Higashida, KA Yoshida, et al.* 

The Way I See It: 5th Edition: Revised & Expanded by Temple Grandin

Thinking in Pictures, Expanded Edition: My Life with Autism Paperback by Temple Grandin

#### Inspirational Stories in our P.A.D.D. Lending Library also include the following DVD's:

<u>Temple Grandin</u> by Claire Danes <u>The Reason I Jump</u> by Jerry Rothwell

#### <u>Please note:</u>

Currently our P.A.D.D. Lending Library is operating out of our home. Call Linda or Denis 705-478-9216 or email lindat@email.com to borrow a resource and if you are in the North Bay area, we will see you get your selection. :) HAPPINESS IS ...

...reading a perfect book.

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With the Capacity Building Grant we were also able to purchase PPE Personal Protective Equipment to help all of us feel comfy and safe once we are able to meet in person.

And finally we have hired a 'Webmaster' to update and monitor our website paddnorth.ca

## Pop Can—Fundraiser!

Thank you to everyone who have been saving pop cans for us even during the Pandemic! We are very grateful! Keep them coming!



We are a 'grass roots' group! Just a group of ordinary families who have adults with Developmental Disabilities that we love and care for! We are not out to make money but to serve by creating awareness and giving support in any way we can!

### Presidents Corner



This been a long 2 years in this pandemic! It has been heart wrenching to see our families suffering from the withdrawal of supports. However we have persevered as we always do!

After our family crisis, Denis and I have been able to get our son an apartment here in town. We are so very proud of him! He is doing very well!

However families should not have to go into crisis! The toll on families is long lasting and set backs are unavoidable and sometimes irretrievable!

We all need time to heal! Let us take this opportunity to do it together!

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